

- While convincing you that you are responsible for failing to live up to their standards (that they will freely admit are impossible to reach), the church will give you a solution, with an example.

Suffering & Self-Sacrifice

* Your thoughts/impulses/desires that fall short of the impossible standards of self-policing imposed by the church are **your fault**. You should have **control** of your **TRUE SELF**. You should be **satisfied**. Your **FORM** was **GIVEN** to you by god, the omnipotent. It **cannot** be wrong. You fail because you are **weak**, not because you've been handed a losing game.

* When your body fails to perform what you expect of it (~~as all do, eventually~~) this is also **your fault**. Any challenges presented by the **perfect body** you have **polluted** that you cannot overcome (~~even chronic conditions & mental illness~~) are failures of your **TRUE SELF**, since god **cannot** give you more than **that which you are able to bare**. You fail because you are **weak**, not because you've been handed a losing game.

It is crucial to reject this!

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* Jesus **died** for you, completely sacrificing his physical self for the sake of others

* How can you know you've done enough

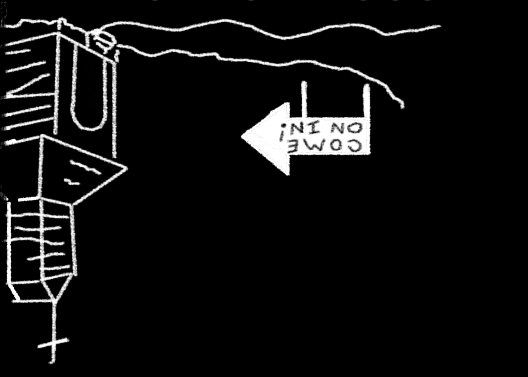
(of whatever the church tells you to) to be **worth saving** from hell, until you give as much as he did? Until you **suffer** like he did? (~~Would that even be enough?~~)

- Even as you fail, the church **reassures** you that its okay, as long as you keep trying (to do whatever we tell you to do)

- This traps you in a cycle of **failure** and **exhaustion**, leaving you without joy, motivation or the will to break yourself out.

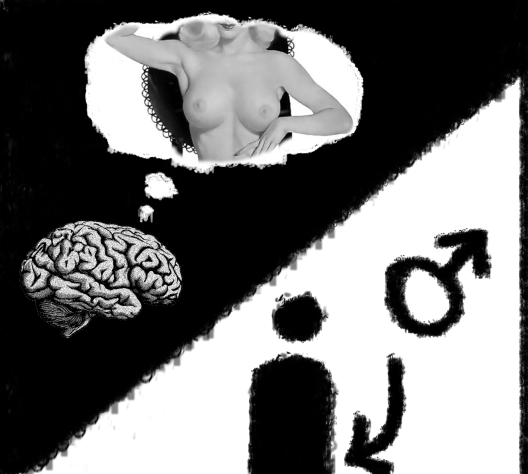
- The church **will** continue to **extract** from you whatever it can, dangling your 'mistakes' and 'shortcomings' over your head to keep you coming back

They want to strip mine your self worth to their own ends.



They want you to destroy yourself for their gain.

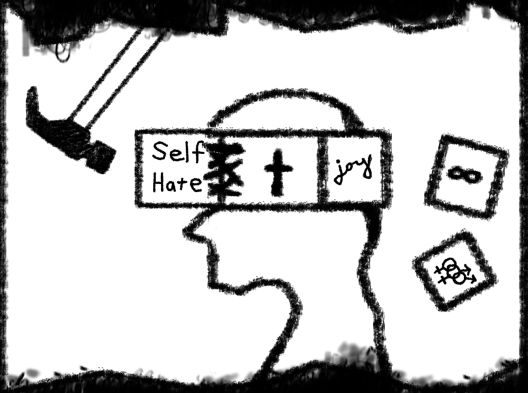
Mind/Body Duality



- Through the distinction and division of your mind from your body, the church encourages you to 'separate' your fallible **TRUE SELF** (your mind/soul) from your perfect **GIVEN FORM** (your physical body)

- This scheme encourages you to redirect **shame** and **guilt** to their advantage:

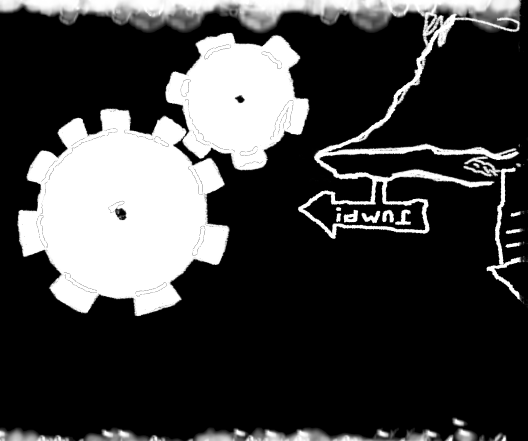
How the Church Taught Me to Lie to Myself



Christianity as a Framework for Colonization of the Queer and Neurodivergent Mind

- Lyra, May '24 -

You Deserve Happiness.



You are not separate from your body. You (your body included) will change over time. You have influence over who you are and how you exist. Anyone who **rejects** the way you are **most comfortable** living values **your conformity** over your happiness.

Do whatever it takes to find joy in yourself;

- LEARN A NEW SKILL - SHAVE YOUR LEGS - BE PROUD OF YOURSELF - BREAK THE LAW - DYE YOUR HAIR - MAKE SOME ART - STIM IN PUBLIC - SHAVE YOUR HEAD - TRY NEW PRONOUNS - KISS SOMEONE HOT - PLAY SOME MUSIC - CUSTOMIZE YOUR MOBILITY AIDS - WEAR SMUDGY EYELINER - DO SOME DRUGS - DANCE - PUT SOME POSTERS UP - SCREAM - BE LOUDLY YOURSELF - APOLOGIZE TO NO ONE - INFO DUMP - THROW OUT YOUR MAKEUP - PISS OFF YOUR PARENTS - EAT FOOD YOU LIKE - LEARN A NEW LANGUAGE - TAKE A WALK WITH YOUR FRIENDS - TRANS YOUR GENDER - SING TIL THEY BEG YOU TO STOP - GET A TATTOO - QUIT YOUR SHITTY JOB - STEAL SOME NAILPOLISH - FLIRT BADLY - WRITE ANGRY POETRY - TELL THEM HOW YOU FEEL - CROP YOUR TSHIRTS - GROW YOUR HAIR OUT - DECORATE YOUR SPACE

Your happiness is **too valuable** to sacrifice for the **convenience** and **profit** of people **who don't give a fuck about you**.

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